AirArch Ankle Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The AirArch ankle brace is designed for those with plantar fasciitis, Achilles tendinitis and general heel pain. Effective in reducing swelling and enhancing circulation in the foot, thus reducing pain.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

APPLICATION

- 1. Undo the closure strap and open the front of the Airarch. Place your foot in the brace the same as you would put on a sock, making sure the heel rests in the opening at the bottom of the brace (Fig. A).
- 2. Bring the front closure tab around and secure with the strap provided (Fig. B).
- 3. Tighten and adjust as needed. If properly applied, the Airarch will fit snug and should resemble Fig. C.







CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.